# **SANDRA VIVIAN**

# **PROFESSIONAL SUMMARY**

I'm an enthusiastic and empathetic, former, allied health professional (occupational therapy), so, encourage and motivate my students to achieve their best. I enjoy being creative, and love to use my occupational therapy skills to develop and inspire language learning. I'm a team player, and effective communicator. I'm passionate about seeking opportunities to develop my teaching practice further, and being able to contribute to educational success. Being a skilled ESL Instructor, I'm versed in using effective and efficient methods of teaching while focusing on individual student needs. I'm experienced at teaching ESL to middle school and high school grade levels, and teaching, privately, students from different cultural backgrounds. I leverage positive, affirming approaches to encourage learning and assimilation.

# **WORK HISTORY**

#### ESL Language Teacher, 08/2018 to Current Bahçeşehir Koleji, Nakkaştepe Campus, Altunizade - Istanbul, Turkiye

- Classroom and online teaching
- Grades 9, 10 and 11
- Language extension
- Development of communication skills
- Implementation of core and local lesson plans

#### • Prepare parent/teacher meetings Private ESL Tutor, 01/2016 to Current

## Self - Istanbul, Turkiye

- Private English teaching (TR)
- OET preparation
- Cambridge starters, movers and Flyers
- Supporting children to enhance their conversation skills using play, games, songs and books
- Adult conversational English (corporate) to improve fluency and articulation
- Developing interview techniques, in English, with corporate clients ESL Language Teacher, 09/2017 to 08/2018

## British Side - Istanbul, Turkiye

- Online teaching to corporate students
- Delivered group English lessons to students from A1 level up
- Group size ranged from 6 to 20 students per class children, teens, adults
- Participated in in-house development programs
- Maintained online register, student notes, student development plans
- Collaborated on developing summer school activity program for children/teens

# CONTACT

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# SKILLS

- Language Skills
- Interactive Teaching
- Academic Assessment Methods
- Group and Individual Instruction
- Enable Active Participation
- Effective Written and Verbal Communication
- Student Evaluation
- Integrated ESL Support
- Positive Learning Environment

#### ESL Teacher, 05/2016 to 09/2017 Fun English house - Istanbul, Turkiye

- Engaged students through active learning to enable proficient use of English
- Delivered set lesson plans: Level 1 to level 6
- Prepared students for Cambridge exams
- Responsible for evaluation and feedback on students progress

## ESL Language Teacher, 11/2016 to 01/2017

## Capitol English - Istanbul, Turkiye

- Delivered English program using Callan method of teaching
- Assisted students with exam preparation
- Enabled students to develop their speaking/listening skills for telephone interviews
- Supported students with English for Specific Purposes (ESP), medical enhancement for job role

#### Support worker, 01/2013 to 12/2015 Age UK - Sunderland, United Kingdom

- Completed need assessments required for safe patient discharge
- Responsible for supporting elders once discharged from hospital
- Effectively communicated with all levels of medical staff/departments and social agencies
- Problem solving and signposting
- Autonomous work
- Collaborative work

#### Occupational Therapist, 01/2012 to 01/2013 NHS - Durham, United Kingdom

- Responsible for timely assessment of patients to enable safe discharge home
- Delivered and set up therapeutic equipment in patient's homes
- Evaluated activities of daily living assessments
- Utilized therapeutic plan goals and objectives with patients during the rehabilitation phase

#### Mental health support worker, 01/2011 to 01/2013 NHS - Durham, United Kingdom

- Responsible for one to one/ group care of vulnerable adults
- Responsible for overseeing client finances
- Encouraged clients/ residents to participate in daily activities
- Monitor/assess and evaluate clients current status

#### Children and adult project worker, 01/2010 to 01/2013 HMP Frankland - Durham, United Kingdom

- Provision of age appropriate activities for children with a parent in prison
- Responsible for ensuring safeguarding procedures were adhered to, and appropriately reported
- Advised and supported relatives/visitors on medical, religious, financial, pending discharge and general enquiries

#### Kindergarten Teacher, 01/2006 to 01/2007 Durham County Council - Durham, United Kingdom

- Responsible for activity planning and implementation
- Liaised daily with kindergarten manager, staff, and parents
- Recorded development goals and achievements
- Participated in varying activities to enhance and develop learning, and teaching practice
- Supported/moderated English conversation group

- Participated in 'peer group' for teachers of Englis
- Research, and self-study

## **EDUCATION**

Master of Arts, Instructional Design, Expected in 2024 Bahçeşehir University - Istanbul TEFL Certificate, Education, 2016 The TEFL Academy - Newcastle Upon Tyne Bachelor of Science, Occupational Therapy, 2011 Northumbria University - Newcastle Upon Tyne, UK Higher Certificate of Education, 2008 Derwentside College - Durham, UK 1986 North Tyneside College - UK GCSE, English Literature, 1984 Sutherland House School - UK English language and English Language